

H.D. SR. SEC. PUBLIC SCHOOL, KHERI (MEHAM)

Class –XII, Syllabus (Session 2023-24), Subject – Accountancy	
Months	Topic
March	Goodwill in Existing Partner
April	Admission Retirement
May	Ch – Death Fundamental Dissolution
June	Summer Vacation
July	Revision Complete Book
August	Issue of Shares
September	Issue of Debenture Redemption of Debenture Common Size Statement
October	Comparative Statement Ratio Cash Flow Statement Financial Statement
November	Revision
December	Test with Revision
January	Book 1 + Book 2 + Book 3, Revision
February	Pre-Board
March	Final Exam

H.D. SR. SEC. PUBLIC SCHOOL, KHERI (MEHAM)

Class –XII, Syllabus (Session 2023-24), Subject – B. Studies	
Months	Topic
March	Unit 1 – Introduction of Management Level of Management Profession, Art, Science Coordination
April	Unit 2 – Principle of Management Scientific Management
May	Unit – 4 Planning Organisation
June	Summer Vacation
July	Staffing Directing
August	Leadership Motivation Communication
September	Controlling Financial Statement
October	Working Capital Financial Decision
November	Share Market Stock Exchange
December	Advertisement Marketing Personal Selling Sales Promotion
January	Test / Revision
February	Complete Revision
March	Final Exam

H.D. SR. SEC. PUBLIC SCHOOL, KHERI (MEHAM)

Class –XII, Syllabus (Session 2023-24), Subject – Geography (Hindi)		
Months	Book	Topic
April	मानव भूगोल के मूल सिद्धान्त	1. मानव भूगोल: प्रकृति एवं विषय क्षेत्र 2. विश्व जनसंख्या : वितरण, घनत्व और वृद्धि 3. जनसंख्या संघटन 4. मानव विकास
May	मानव भूगोल के मूल सिद्धान्त	5. प्राथमिक क्रियाकलाप
	भारत लोग और अर्थव्यवस्था	1. जनसंख्या : वितरण, घनत्व वृद्धि और संघटन 2. प्रवास : प्रकार, कारण और परिणाम 3. मानव विकास
June	ग्रीष्मावकाश	
July		4. मानव बस्तियाँ 5. भूसंसाधन तथा कृषि 6. जल संसाधन
August		Revision of Lesson 1 st to 5 th , Part A 1 st to 6 th Part B for September Exam
September		दोहराई व परीक्षा
October	मानव भूगोल के मूल सिद्धान्त	6. द्वितीयक क्रियाएं 7. तृतीयक और चतुर्थक क्रियाकलाप 8. परिवहन और संचार
November		9. अंतराष्ट्रीय व्यापार 10. मानव बस्तियाँ
	भारत लोग और अर्थव्यवस्था	7. खनिज तथा ऊर्जा संसाधन 8. विनिर्माण उद्योग
December		9. भारत के संदर्भ में नियोजन और सतत् पोषणीय विकास
January		12. भौगोलिक परिप्रेक्ष्य में चयनित कुछ मुद्दे एवं समस्याएँ Revision for Annual Exam Practical Geography
February	Revision for Annual Exam and Practical Exam	
March	Annual Exam	

H.D. SR. SEC. PUBLIC SCHOOL, KHERI (MEHAM)

Class –XII, Syllabus (Session 2023-24), Subject – Economics	
Months	Topic
March	Ch – 1 Introduction Ch – 2 (Macro Economics) Some Basic Concepts of Macro Economics
April	Ch – 3, 4 (Macro Economics) National Income and Related Aggregate Methods of Calculating National Income
May	Ch – 5, 6 (Macro Economics) Money, Banking U.T. – 1 Ch – 10 (Macro Economics) Government Budget and the Economy
June	Summer Vacation
July	Ch – 7, 8 (Macro Economics) Aggregate Demand, Aggregate Supply and Related Concept, Short Run Equilibrium Output Ch – 9 (Problem of Deficient Demand and Exceed Demand) U.T. 2
August	Ch – 11, 12 (Macro Economics) Foreign Exchange Rate Balance of Payments Indian Economic Development Book:- Ch – 1, Indian Economy on the eve of Independence Ch – 2, Economic System and common goals of five years plans
September	Revision of 1st Term Exam and 1st Term Exam Conducted
October	Ch – 3, Indian Economy (1950 – 1990) Ch – 4 Economic Reforms since 1991, New Economic Policy Ch – 5 Human Capital Formation in India Ch – 6 Rural Development
November	Ch – 7 Employment Ch – 8 Environment and sustainable Development Ch – 9 Comparative Development Experiences of India and it's Neighbours U.T. 3
December	Revision for Pre-board Exam 1
January	Revision for Pre-board Exam II
February	Revision of Complete Syllabus
March	Annual Exam

H.D. SR. SEC. PUBLIC SCHOOL, KHERI (MEHAM)

Class –XII, Syllabus (Session 2023-24), Subject – History	
Months	Topic
March	L – 1 Bricks, Breads, and Bones : The Harappan Civilisation Map Work
April	L – 2 Kings, Farmers and Towns :- Early States and Economics L – 3 Kingship, Caste and Class (Early Societies 600 B.C.E. – 600 C.E.) L – 4 Thinkers, Beliefs and Buildings Cultural Development 600 B.C.E – 600 C.E.
May	L – 4 Thinkers, Beliefs and Buildings L – 5 Through the eyes of Travelers (Perception of Society) L – 6 Bhakti – Sufi Traditions :- Changes in Religious Beliefs and Devotional Texts L – 7 An Imperial Capital Vijayanagar
June	Summer Vacation
July	L – 8 Peasants, Zamindars and State : Agrarian Society and the Mughal Empire 16 th , 17 th Century L – 9 Kings and Chronicles The Mughal Court L – 10 Colonialism and the Countryside : Exploring Official Archives
August	L – 11 Rebels and the Raj, The Revolt of 1857 and its Representations L – 12 Colonial cities Urbanization Planning and Architecture Revision for September Exam
September	1st Term Exam
October	L – 13 Mahatma Gandhi and The Nationalist Movement L – 14 Understanding Partition Politics, Memories, Experiences
November	L – 15 The making of Constitution Revision for Pre-board Exam
December	Revision for Pre-board Exam
January	Revision for Practical Work
February	Pre-board Exam
March	Annual Exam

H.D. SR. SEC. PUBLIC SCHOOL, KHERI (MEHAM)

Class –XII, Syllabus (Session 2023-24), Subject – Hindi	
Months	Topic
April	1. भक्तिन 2. बाजार दर्शन 3. एक गीत (कविता) आरोह भाग – 2 आत्मपरिचय कविता
May	2. कविता के बहाने 1. सिल्वर वैडिंग 3. काले मेघा पानी दे 1. पत्रकारीय लेखन
June	ग्रीष्मावकाश
July	2. जूझ 3. कैमरे में बंद अपाहिज निबंध, 2 विशेष लेखन बात सीधी थी पर
August	बादल राग पहलवान की ढोलक उषा, फीचर, आलेख बगुलों के पँख, छोटा मेरा खेत
September	दोहराई
October	अतीत में दबे पाँव कवितावली नाटक, कहानी , पत्रकारीय लेखन, अप्रत्याशित लेखन
November	रूबाइयों, गजल जाति प्रथा और श्रम विभाजन शिरिष के फूल
December	दोहराई
January	
February	
March	

H.D. SR. SEC. PUBLIC SCHOOL, KHERI (MEHAM)

Class –XII, Syllabus (Session 2023-24), Subject – Geography	
Months	Topic
April	“Human Geo” Ch – 1 Human Geography Nature and Scope Ch – 2 The world population distribution density and growth (With Map Work) Ch – 3 Population Growth “India People and Economy” – Ch – 1 Population : Distribution, density, growth & composition (With Map Work)
May	“Human Geo” Ch – 4 Human Development Ch – 5 Primary Activity “India People & Economy” – Ch – 3 Human Development U.T. Ist (17 May to 26 May)
June	Summer Vacation
July	“India People & Economy” – Ch – 4 Human Settlement Ch – 6 Water Resources (Map Work) Ch – 7 Mineral & Energy Resources (Map Work) U.T. – 2 nd (26 th July – 3 rd Aug)
August	“India People and Economy” Ch – 2 Migration – types, causes & consequence Practical Book – Ch – 1 Processing of data & thematic mapping Revision for Term I Exam
September	Term 1 Exam
October	“Human Geography” – Ch – 6 Secondary Activities Ch – 7 Tertiary & Quaternary activities “Indian People and Economy” Ch – 9 Planning and sustainable Development in India Context. Ch – 10 Transport and Communication
November	“Human Geography” Ch – 8 Transport and Communication “India People and Economy” Ch – 12 Geographical perspective on selected issue & problem U.T. 3 rd (3 rd Nov to 12 th Nov)
December	“Human Geography” Ch – 9 International Trade Ch – 10 Human Settlements “India People and Economy” Ch – 11 International Trade U.T. – 4 (Dec 20 to Dec 28)
January	“India People and Economy” Ch – 5 Land Resources and agriculture Ch – 8 Manufacturing Industries Winter Vacation
February	Practical Book – Ch – Processing of data and thematic mapping
March	Annual Exam

H.D. SR. SEC. PUBLIC SCHOOL, KHERI (MEHAM)

Class –XII, Syllabus (Session 2023-24), Subject – Biology (044)	
Months	Topic
March	Unit – 1 Ch – 2 Sexual Reproduction in flowering plants
April + May	Ch – 3 Human Reproduction Ch – 4 Reproductive Health
June	Summer Vacation
July	Unit – 2 Ch – 5 Principles of Inheritance and variation
August	Ch – 6 Molecular Basis of inheritance
September	Revision and Mid Term Exam
October	Unit – 3 Ch – 7 Evolution Ch – 8 Human Health and Diseases Ch – 9 Strategies for Enhancement in food production
November	Unit – 4 Ch – 10 Microbes in Human Welfare Ch – 11 Biotech : Principles and Processes Ch – 12 Biotech and its Applications
December	Unit – 5 Ch – 13 Organisms and populations Ch – 14 Ecosystem Ch – 15 Inurn mental issues Ch – 16 Biodiversity and conservation
January + February	Revision Pre-board Exam

H.D. SR. SEC. PUBLIC SCHOOL, KHERI (MEHAM)

Class –XII, Syllabus (Session 2023-24), Subject – Maths (A+B+D)	
Months	Topic
March	Ch – 3 Matrix Ch – 4 Determinants
April	Ch – 5 Matrix Continued Ch – 6 Continuity
May	Ch – 7 Differentiability Ch – 1 Relation and Function
June	Summer Vacation
July	Ch – 2 Inverse T – Function Ch – 8 Application of Derivative
August	Ch – 9 Integration
September	Revision + Mid-Term Exam
October	Ch – 10 Application of Integration Ch – 11 Differential Equation
November	Ch – 12 Vector Ch – 13 3-D
December	Ch – 14 L.P. Ch – 15 Probability
January + February	Revision + Pre-board
March	Annual Exam

H.D. SR. SEC. PUBLIC SCHOOL, KHERI (MEHAM)

Class –XII, Syllabus (Session 2023-24), Subject – Chemistry	
Months	Topic
April	Ch – 2 Solution Ch – 3 Electro (Half)
May	Ch – 3 Electrochemistry (Complete) Ch – 4 Chemical Kintetics
June	Summer Vacation
July	Ch – 9 Coordination Compound
August	Ch – 8 d & f – block
September	Revision + Mid term Exam
October	Ch – 10 Haloalkanes & Holoarenes
November	Ch – 11 Alcohols, Phenols & Ethers Ch – 12 Aldehydes, Ketones & Carboxylic Acids Ch – 13 Amines
December	Ch – 14 Biomolecules
January + February	Revision + Pre – board + Final Board

H.D. SR. SEC. PUBLIC SCHOOL, KHERI (MEHAM)

Class –XII, Syllabus (Session 2023-24), Subject – English	
Months	Topic
March	Introduction The Last Lesson Article Writing
April	Lost Spring My Mother at Sixty Six Notice
May	Deep Water The Third Level Keeping Quiet Job Letter
July	The Rattrap Indigo The Tiger King Keeping Quiet Letter to Editor
August	Journey to the End of the Earth Poets & Pancakes Invitation Article writing, A thing of Beauty
October	The Interview The Enemy A Roadside Stand Aunt Jennifer's Tigers Report Writing
November	Going Places On the Face of it Memories of Childhood

H.D. SR. SEC. PUBLIC SCHOOL, KHERI (MEHAM)

Class –XII, Syllabus (Session 2023-24), Subject – Physics	
Months	Topic
March	Unit 1: Electrostatics Chapter–1: Electric Charges and Fields Electric charges, Conservation of charge, Coulomb's law-force between two point charges, forces between multiple charges; superposition principle and continuous charge distribution. Electric field, electric field due to a point charge, electric field lines, electric dipole, electric field due to a dipole, torque on a dipole in uniform electric field. Electric flux, statement of Gauss's theorem and its applications to find field due to infinitely long straight wire, uniformly charged infinite plane sheet and uniformly charged thin spherical shell (field inside and outside).
April	Chapter–2: Electrostatic Potential and Capacitance Electric potential, potential difference, electric potential due to a point charge, a dipole and system of charges; equipotential surfaces, electrical potential energy of a system of two-point charges and of electric dipole in an electrostatic field. Conductors and insulators, free charges and bound charges inside a conductor. Dielectrics and electric polarization, capacitors and capacitance, combination of capacitors in series and in parallel, capacitance of a parallel plate capacitor with and without dielectric medium between the plates, energy stored in a capacitor (no derivation, formulae only). Practical
May	Unit 2: Current Electricity Chapter–3: Current Electricity Electric current, flow of electric charges in a metallic conductor, drift velocity, mobility and their relation with electric current; Ohm's law, V-I characteristics (linear and non-linear), electrical energy and power, electrical resistivity and conductivity, temperature dependence of resistance, Internal resistance of a cell, potential difference and emf of a cell, combination of cells in series and in parallel, Kirchoff's rules, Wheatstone bridge.
June	Summer Vacation

<p style="text-align: center;">July</p>	<p>Unit 3: Magnetic Effects of Current and Magnetism Chapter–4: Moving Charges and Magnetism Concept of magnetic field, Oersted's experiment. Biot - Savart law and its application to current carrying circular loop. Ampere's law and its applications to infinitely long straight wire. Straight solenoid (only qualitative treatment), force on a moving charge in uniform magnetic and electric fields. Force on a current-carrying conductor in a uniform magnetic field, force between two parallel current-carrying conductors-definition of ampere, torque experienced by a current loop in uniform magnetic field; Current loop as a magnetic dipole and its magnetic dipole moment, moving coil galvanometer its current sensitivity and conversion to ammeter and voltmeter.</p> <p>Chapter–5: Magnetism and Matter Bar magnet, bar magnet as an equivalent solenoid (qualitative treatment only), magnetic field intensity due to a magnetic dipole (bar magnet) along its axis and perpendicular to its axis (qualitative treatment only), torque on a magnetic dipole (bar magnet) in a uniform magnetic field (qualitative treatment only), magnetic field lines. Magnetic properties of materials- Para-, dia- and ferro - magnetic substances with examples, Magnetization of materials, effect of temperature on magnetic properties.</p>
<p style="text-align: center;">August</p>	<p>Unit 4: Electromagnetic Induction and Alternating Currents Chapter–6: Electromagnetic Induction Electromagnetic induction; Faraday's laws, induced EMF and current; Lenz's Law, Self and mutual induction.</p> <p>Chapter–7: Alternating Current Alternating currents, peak and RMS value of alternating current/voltage; reactance and impedance; LCR series circuit (phasors only), resonance, power in AC circuits, power factor, wattless current. AC generator, Transformer.</p> <p>Unit V: Electromagnetic waves Chapter–8: Electromagnetic Waves Basic idea of displacement current, Electromagnetic waves, their characteristics, their transverse nature (qualitative idea only). Electromagnetic spectrum (radio waves, microwaves, infrared, visible, ultraviolet, X-rays, gamma rays) including elementary facts about their uses.</p>
<p style="text-align: center;">September</p>	<p>Unit 6: Optics Chapter–9: Ray Optics and Optical Instruments Ray Optics: Reflection of light, spherical mirrors, mirror formula, refraction of light, total internal reflection and optical fibers, refraction at spherical surfaces, lenses, thin lens formula, lens maker's formula, magnification, power of a lens, combination of thin lenses in contact, refraction of light through a prism. Optical instruments: Microscopes and astronomical telescopes (reflecting and refracting) and their magnifying powers.</p>
<p style="text-align: center;">October</p>	<p>Chapter–10: Wave Optics Wave optics: Wave front and Huygen's principle, reflection and refraction of plane wave at a plane surface using wave fronts. Proof of laws of reflection and refraction using Huygen's principle. Interference, Young's double slit experiment and expression for fringe width (No derivation final expression only), coherent sources and sustained interference of light, diffraction due to a single slit, width of central maxima (qualitative treatment only).</p>

<p>November</p>	<p>Unit 7: Dual Nature of Radiation and Matter Chapter–11: Dual Nature of Radiation and Matter Dual nature of radiation, Photoelectric effect, Hertz and Lenard's observations; Einstein's photoelectric equation-particle nature of light. Experimental study of photoelectric effect Matter waves-wave nature of particles, de-Broglie relation.</p> <p>Unit 8: Atoms and Nuclei Chapter–12: Atoms Alpha-particle scattering experiment; Rutherford's model of atom; Bohr model of hydrogen atom, Expression for radius of nth possible orbit, velocity and energy of electron in his orbit, of hydrogen line spectra (qualitative treatment only). Chapter–13: Nuclei Composition and size of nucleus, nuclear force Mass-energy relation, mass defect; binding energy per nucleon and its variation with mass number; nuclear fission, nuclear fusion.</p>
<p>December</p>	<p>Unit 9: Electronic Devices Chapter–14: Semiconductor Electronics: Materials, Devices and Simple Circuits Energy bands in conductors, semiconductors and insulators (qualitative ideas only) Intrinsic and extrinsic semiconductors- p and n type, p-n junction Semiconductor diode - I-V characteristics in forward and reverse bias, application of junction diode -diode as a rectifier.</p>
<p>January</p>	<p>Revision</p>
<p>February</p>	<p>Revision</p>
<p>March</p>	<p>Annual Exam</p>

H.D. SR. SEC. PUBLIC SCHOOL, KHERI (MEHAM)

Class –XII, Syllabus (Session 2023-24), Subject – Physical Education	
Months	Topic
April	<p>Unit – 1 Management of Sporting Events 1. Functions of Sports Events Management (Planning, Organising, Staffing, Directing & Controlling) 2. Various Committees & their Responsibilities (pre; during & post) 3. Fixtures and their Procedures – Knock-Out (Bye & Seeding) & League (Staircase, Cyclic, Tabular method) and Combination tournaments. 4. Intramural & Extramural tournaments – Meaning, Objectives & Its Significance, 5. Community sports program (Sports Day, Health Run, Run for Fun, Run for Specific Cause & Run for Unity)</p> <p>Unit – 2 Children & Women in Sports 1. Exercise guidelines of WHO for different age groups. 2. Common postural deformities-knock knees, flat foot, round shoulders, Lordosis, Kyphosis, Scoliosis, and bow legs and their respective corrective measures. 3. Women’s participation in Sports – Physical, Psychological, and social benefits. 4. Special consideration (menarche and menstrual dysfunction), 5. Female athlete triad (osteoporosis, amenorrhea, eating disorders).</p>
May	<p>Unit – 3 Yoga as Preventive measure for Lifestyle Disease 1. Obesity: Procedure, Benefits & Contraindications for Tadasana, Katichakrasana, Pavanmuktasana, Matsayasana, Halasana, Pachimottansana, Ardha – Matsyendrasana, Dhanurasana, Ushtrasana, Suryabedhan pranayama. 2. Diabetes: Procedure, Benefits & Contraindications for Katichakrasana, Pavanmuktasana, Bhujangasana, Shalabhasana, Dhanurasana, Suptavajarasana, Paschimottanasana -a, Ardha -Mastendrasana, Mandukasana, Gomukasana, Yogmudra, Ushtrasana, Kapalabhati. 3. Asthma: Procedure, Benefits & Contraindications for Tadasana, Urdhwahastottansana, UttanMandukasan -a, Bhujangasana, Dhanurasana, Ushtrasana, Vakrasana, Kapalabhati, Gomukhasana Matsyaasana, Anuloma - Viloma. 4. Hypertension: Procedure, Benefits & Contraindications for Tadasana, Katichakrasana, Uttanpadasana, Ardha Halasana, Sarala Matyasana, Gomukhasana, UttanMandukasan-a, Vakrasana, Bhujangasana, Makarasana, Shavasana, Nadishodhanapranayam, Sitlipranayam. 5. Back Pain and Arthritis: Procedure, Benefits & Contraindications of Tadasana, Urdhwahastootansana, Ardh-Chakrasana, Ushtrasana, Vakrasana, Sarala Maysyendrasana, Bhujandgasana, Gomukhasana, Bhadrasana, Makarasana, NadiShodhana pranayama.</p>
June	Summer Vacation
July	<p>Unit IV Physical Education & Sports for CWSN (Children with Special Needs - Divyang) Organizations promoting Disability Sports (Special Olympics; Paralympics; Deaflympics), 2. Concept of Classification and Divisioning in Sports. 3. Concept of Inclusion in sports, its need, and Implementation, Advantages of Physical Activities for children with special needs. Strategies to make Physical Activities assessable for children with special needs.</p>

<p style="text-align: center;">August</p>	<p>Unit V Sports & Nutrition Concept of balance diet and nutrition Macro and Micro Nutrients: Food sources & functions Nutritive & Non-Nutritive Components of Diet, Eating for Weight control – A Healthy Weight, The Pitfalls of Dieting, Food Intolerance, and Food Myths 5. Importance of Diet in Sports-Pre, During and Post competition Requirements</p> <p>Unit VI Test & Measurement in Sports Fitness Test – SAI Khelo India Fitness Test in school: o Age group 5-8 yrs/ class 1-3: BMI, Flamingo Balance Test, Plate Tapping Test o Age group 9-18yrs/ class 4-12: BMI, 50mt Speed test, 600mt Run/Walk, Sit & Reach flexibility test, Strength Test (Abdominal Partial Curl Up, Push-Ups for boys, Modified Push-Ups for girls). Measurement of CardioVascular Fitness – Harvard Step Test – Duration of the Exercise in Seconds x100/5.5 X Pulse count of 1-1.5 Min after Exercise. Computing Basal Metabolic Rate (BMR) Rikli & Jones - Senior Citizen Fitness Test I. Chair Stand Test for lower body strength</p> <table border="1" data-bbox="411 819 1086 1081"> <tr> <td style="width: 5%; text-align: center;">II.</td> <td>Arm Curl Test for upper body strength</td> </tr> <tr> <td style="text-align: center;">III.</td> <td>Chair Sit & Reach Test for lower body flexibility</td> </tr> <tr> <td style="text-align: center;">IV.</td> <td>Back Scratch Test for upper body flexibility</td> </tr> <tr> <td style="text-align: center;">V.</td> <td>Eight Foot Up & Go Test for agility</td> </tr> <tr> <td style="text-align: center;">VI.</td> <td>Six Minute Walk Test for Aerobic Endurance</td> </tr> </table> <p>5. Johnsen – Methney Test of Motor Educability (Front Roll, Roll, Jumping Half-Turn, Jumping fullturn)</p>	II.	Arm Curl Test for upper body strength	III.	Chair Sit & Reach Test for lower body flexibility	IV.	Back Scratch Test for upper body flexibility	V.	Eight Foot Up & Go Test for agility	VI.	Six Minute Walk Test for Aerobic Endurance
II.	Arm Curl Test for upper body strength										
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IV.	Back Scratch Test for upper body flexibility										
V.	Eight Foot Up & Go Test for agility										
VI.	Six Minute Walk Test for Aerobic Endurance										
<p style="text-align: center;">September</p>	<p>Unit VII Physiology & Injuries in Sports Physiological factors determining components of physical fitness Effect of exercise on Muscular System Effect of exercise on Cardio-Respiratory System Physiological changes due to aging Sports injuries: Classification (Soft Tissue Injuries -Abrasion, Contusion, Laceration, Incision, Sprain & Strain; Bone & Joint Injuries - Dislocation, Fractures - Green Stick, Comminuted, Transverse Oblique & Impacted)</p>										
<p style="text-align: center;">October</p>	<p>Unit VIII Biomechanics & Sports Newton’s Law of Motion & its application in sports Types of Levers and their application in Sports. Equilibrium – Dynamic & Static and Centre of Gravity and its application in sports Friction & Sports Projectile in Sports</p> <p>Unit IX Psychology & Sports Personality; its definition & types (Jung Classification & Big Five Theory) Meaning, Concept & Types of Aggressions in Sports Motivation, its type & techniques. Exercise Adherence: Reasons, Benefits & Strategies for Enhancing it Psychological Attributes in Sports – Self Esteem, Mental Imagery, Self Talk, Goal Setting</p>										

November	Unit X Training in Sports Concept of Talent Identification and Talent Development in Sports Introduction to Sports Training Cycle – Micro, Meso, Macro Cycle. Types & Method to Develop – Strength, Endurance and Speed Types & Method to Develop – Flexibility and Coordinative Ability Circuit Training - Introduction & its importance
December	Revision
January	Revision
February	Revision
March	Annual Exam

H.D. SR. SEC. PUBLIC SCHOOL, KHERI (MEHAM)

Class –XII, Syllabus (Session 2023-24), Subject – Music	
Months	Topic
March	Practical work - 12 Swars Preparation and Saptak
April	Unit – 1 Brief Study of the following :- Alankar, Kan, Meend, Khatka, Murki, Gamak, Gram, Murchhana, Alap, Tana
May	Unit – 2 Time Theory of Ragas :- Practical Preparation of Unit I & Revision U.T. – 1
June	Summer Vacation
July	Unit – 3 (3.1) Detail study of the following Sangeet Ratnakar, Sangeet Parijat (3.2) Life sketch and contribution of Faiyaz Khan, Bade Ghulam Ali Khan, Krishna Rao Shankar Pandit U.T. – 2
August	Unit – 4 (4.1) Tala - Jhaptala, Rupak, Dhamar
September	Unit – 4 (4.2) Teening of Tanpura
October	Unit – 5 (5.1) Raga Shuddha Sarang (5.2) Raga Bhairav
November	(5.2) Bageshri & Malkauns
December	Revision for Pre-board Exams I & Practical
January	Revision for Pre-board Exam II
February	Revision of Complete Syllabus
March	Annual Exam

H.D. SR. SEC. PUBLIC SCHOOL, KHERI (MEHAM)

Class –XII, Syllabus (Session 2023-24), Subject – Fine Arts	
Months	Topic
March	Theory : The Rajasthani School of miniature painting
April	Unit – 1 Practical : Make different Drawing and make a Illustration Theory : The Rajasthani School of miniature painting
May	Unit – 1 Theory : The Pahari School of Miniature painting Practical : Make two poster with specified data and slogan
June	Summer Vacation
July	Unit – 2 Theory : Mughal School of miniature painting Practical : Drawing file work and make a illustration
August	Theory : Mughal school of miniature painting and revision of syllabus
September	Revision of Syllabus and Ist Term Exam
October	Unit – 2 Theory : The Deccan School of miniature painting. Practical : Make two posters
November	Unit – 3 Theory : The Bengal school of painting Practical : One Poster and one illustration
December	Unit – 3 Theory : The Bengal school of painting and the modern trends in Indian art Practical : Drawing file work
January	Unit – 3 The Modern trends in Indian Art
February	Revision of Syllabus
March	Annual Exams